

Madison events

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Selectmen's Corner

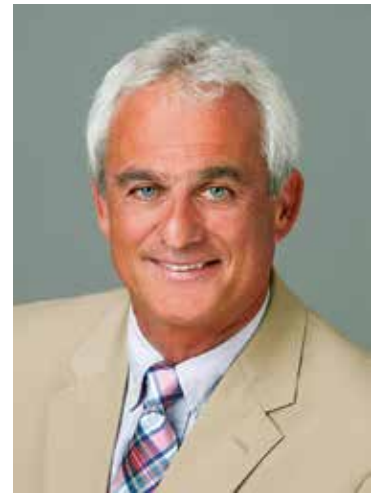
Spring was late to arrive this year after a relatively warm winter, surprising us with a few minor snow "storms". However the construction crew working on the Downtown Center Project was undaunted, and missed only two or three days due to weather conditions. The project is on schedule, and access to businesses has been kept open. Parking has been diminished somewhat on Route One, but ample parking at the rear of the South-side businesses is ample. Residents and visitors alike should be aware that the main reason for the "Jersey Barriers" is for the safety of the workers, and is required by law. While it is an inconvenience to some, safety is the main concern. We should see the new trees installed prior to Memorial Day weekend, and the Chamber of Commerce will be purchasing hanging flower baskets for the new light posts to enhance the overall look. We expect this phase of the Project to be completed by late June, in time for Madison's tourism season.

Speaking of Memorial Day, the annual parade will take place on Monday, May 30 at 10 am. The parade begins downtown, with a ceremony to honor our service personnel at the flagpole near the Green. The parade will continue to West Cemetery for another ceremony, and participants are invited to the American Legion Hall on Bradley Road afterwards for refreshments. This year,

we welcome a new parade Chairperson, Donna Farrell, who served our country in the US Air Force.

While Memorial Day is traditionally considered by many as the beginning of the Summer season, Madison is well known for doing the Fourth of July "Right". Festivities will kick off on the evening of Saturday, July 2nd when the Wallingford Symphony Orchestra's annual "Concert on the Green" sponsored by the Madison Cultural Arts takes place. Fireworks, sponsored by the non-profit Madison Fireworks Committee, will take place on Sunday evening, July 3rd (rain date July 8th), and on Monday the 4th, the Exchange Club will sponsor its annual Fourth of July Parade. Many thanks to all of the volunteers from these three organizations who create a memorable weekend each year.

Tom Banisch, First Selectman



First Selectman Tom Banisch

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Town of Madison Budget Referendum Tuesday, May 24

Budget information can be viewed
 on our website
 at www.madisonct.org/budget



Polling locations:

District 1: All registered voters who live at properties on the even numbered side of Green Hill Road and South will vote at the Madison Senior Center,
 29 Bradley Road, Madison, CT 06443

District 2: All registered voters who live at properties on the odd numbered side of Green Hill Road and North will vote at Dr. Robert H. Brown Middle School,
 980 Durham Road, Madison, CT 06443



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Madison • \$549,000
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Madison Historical Society

Discover the historic Allis-Bushnell House located at 853 Boston Post Road, at the statewide Open House Day on Saturday, June 11. This one-day event offers residents the chance to visit museums, galleries and historic sites free of charge. Docents will tell visitors stories of five events in the history of Madison as they walk through the downstairs rooms. A collection of tools from Madison's historic farms and fisheries will be on display in the Annex behind the house.



Mark your calendar for the much anticipated Remarkable Homes Tour, now in its fourth year, on Sunday, June 26. The tour, one of the Society's most important fundraising events, gives access to five unique private residences staffed by knowledgeable docents. Visitors can walk through the homes and wander the grounds at their own pace. Tickets are \$35 in advance or \$40 at the door. All proceeds benefit the Madison Historical Society and support its mission of preserving and protecting the town's rich cultural and architectural history.

The grand opening of the collaborative World War I exhibit between the Madison Historical Society and the Charlotte L. Everts Memorial Archives titled, *Over There, Over Here: Madison and WWI* will open in late July. Made possible by a grant from CT Humanities, the exhibit will feature the local figures who volunteered before the United States entered the war in 1917, and the attitudes held by those who stayed at home. Objects and artifacts from the period including uniforms, photographs, diaries and other ephemera will be on display.

A busy summer of events wraps up with the Society's 45th annual Antiques Fair on Saturday, August 27, 2016. With nearly ninety dealers in fine antiques and collectibles featuring their wares on the green, this is the largest outdoor fair of its kind on the shoreline. For more information on these and other unique events sponsored by the Madison Historical Society, visit www.madisoncthistorical.org or call (203) 245-4567.



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Madison Land Conservation Trust

Saturday, May 14, 1:00 p.m.

Wildflower Hike, Rockland Preserve

Join Yale botanist Michael Donoghue for a spring flora hike in Rockland's Wildflower Preserve. Explore the preserve's five ecological niches to discover a variety of wildflowers.

From Route 79 in North Madison, turn onto Dorset Lane, then onto Devonshire Lane, and onto Renee's Way. Meet in the Renee's Way parking lot.

Sunday, June 5, 1:00 p.m.

Amphibian Hike, Blinnshed Loop

Join Yale ecologists Kealoha Freidenburg and David Skelly on a CT Trails Day hike to search for frogs, toads, salamanders and newts. Please wear boots and bring a dip net if you have one. The trail features extensive wetlands and old logging roads through the woods. The hike will run rain or shine. No dogs, please. Meet in the parking lot of The Country School at the intersection of Opening Hill and Blinnshed Roads.



Search for amphibians with the Land Trust on June 5th.

Future hike dates, locations and trail maps can be found at www.madisonlandtrust.org.

For weather updates, visit www.facebook.com/madisonlandtrust.

Land Trust Photo Caption: Search for amphibians with the Land Trust on June 5th.

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Madison Beach & Recreation Summer Concert Series

On the green from 6:00 to 8:00 pm on Sunday evenings

- July 10 The Kerry Boys, Irish Music
- July 17 River Mud, Rock Band
- July 24 Belle of the Fall, with Tracy Walton & Julia Autumn Ford (Americana/Originals/Indie)
- July 31 Steel Rodeo Unplugged w/ Eddie Seville and guest Jay Roberts (Alt-Country Roots Rock)
- August 7 60's Satisfaction, Music from the 60's of course!
- August 14 The Larry Stevens Band, Rock/Pop/Folk/Country
- August 21 The Mystery Tour, Beatles Tribute Band

At the Surf Club from 7:00 to 9:00 pm on Friday evenings

- June 24 The Madison School of Rock
- July 15 The Kenn Morr Band Folk Music
- July 22 The Rubber Soul Band 60's, 70's and 80's
- July 29 The Nathan Ward Band 50's, 60's, 70's British and American Rock
- August 12 The Madison School of Rock

Attention Madison Veterans And Families

The Town of Madison has established a Veterans' Advisory Committee, which is now available to you as a resource for questions and concerns. This is a result of a requirement by the State of Connecticut. You can contact The Veterans' Advisory Committee through the Madison Town Clerk's office.

Please call 203-245-5672 for any needed assistance. Your request will then be referred to a committee member who will contact you.

(If you have an emergency situation, please contact 911.) All communications are confidential.

Thank you for your service. We look forward to working with you.



Grand Opening May 7th

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Information at funktionfit.com

Bauer Park

Madison's Agricultural and Environmental Center
257 Copse Road

Spring & Summer Classes at Bauer Park

BEGINNING BIRDING BY EAR

Saturday, June 4 / 8:00-10:00 a.m.

Bauer Park is alive with the songs and calls of breeding birds in June. The secret of learning the vocalizations of birds is by locating a bird by listening and then seeing it with binoculars. Early summer is the best time to hone your skills because they are singing to attract a mate and to defend their nests. Species such as Bluebirds, Red-tailed Hawks, Yellow Warblers and Orioles will be easy to find. Binoculars and field guides will be provided or bring your own. For adults and high school students. \$10

THE FOURTEENTH GREAT SNAKE AND FROG HUNT

Saturday, June 4 / 10:00 a.m. – 12:00 p.m.

Join herpetologist Chuck Annicelli on a hunt for turtles, frogs and snakes. Learn about reptiles and amphibians then discover where and how to search for these elusive creatures. All ages. Children must be accompanied by an adult. \$5

EXPLORE THE INNER BEAUTY OF FLOWERS

Session 1: Saturday, June 4, 1:00-3:00 p.m.

Session 2: Thursday, June 9, 10:00 a.m. – 12:00 p.m.

Spectacular beauty lies hidden beneath the petals of the

wildflowers at Bauer Park. Dissect several species and examine them under the microscope to reveal their intricate secrets. Learn why a daisy is not a flower. Discover how flower structure relates to pollinators. Instructor Susannah Graedel holds a Certificate in Botanical Illustration from the New York Botanical Garden. Register for one or both sessions.

For adults and high school students. \$13

NATURE JOURNALING AT BAUER PARK

Thursday, June 9 / 1:00-3:00 p.m.

Spend a couple of quiet hours listening and observing the sights and sounds of the natural world in a favorite spot at Bauer Park. Journaling is a meditative and simple way to preserve the special moments you spend immersed there on a June day. Natural Science Illustrator Susannah Graedel will give you some tips on how to lose yourself in the place and record the vibrant life around you. Please bring an unlined notebook and a pencil or art materials of your choice. For adults and high school students. \$13

FAMILY NATURE SKETCHING

Sunday, July 10

10:00 a.m. - 12:00 p.m.

Drawings can be more fun than photos! Find a favorite spot on the trails and in the fields of Bauer Park and create a memory you can take home. Natural Science Illustrator Susannah Graedel will

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be on hand to give you some tips on drawing what you see. Bring a sketch pad and colored pencils for each person. Recommended for families with children 6 years and older. Children must be accompanied by an adult. \$13

WEARABLE BAUER NATURE ART

Saturday, July 16 / 1:00-3:00 p.m.

Use nature to create artistic expression that you can wear! Participants will collect natural objects from Bauer Park's woodland trail to make colorful prints using fabric paint. Bring a tee shirt, pillowcase or other articles of your choice. As fabric paints are permanent, participants should dress accordingly. All ages. Children must be accompanied by an adult. \$13

FLOAT YOUR BOAT!

Sunday, July 17 / 1:00-3:00 p.m.

Be a nautical engineer! Families will collect natural materials from the Bauer Woodland Trail. Using only these items from nature and their imaginations, they will construct miniature boats to sail and race on the pond in the annual Bauer Yacht Regatta! Recommended for families with children 5 years and older. Children must be accompanied by an adult. \$10

BUTTERFLY WALK

Saturday, July 23

10:00 a.m. – 12:00 p.m.

Led by members of the Connecticut Butterfly Association (CBA), this walk will focus primarily on the open fields. Please wear clothing and footwear for protection from poison ivy and ticks. Sunscreen and water are also recommended. Children are welcome with adults. FREE and open to the public. Registration is not required.

POND DIPPING FOR FAMILIES

Session 1: Sunday, July 24 / Session 2: Sunday, August 14

10:30 a.m. – 12:00 p.m.

Have you ever wondered what critters live in the pond at Bauer Park? Join us for some pond dipping with nets, and you'll have the chance to observe some freshwater creatures up close.

Please wear clothes and shoes/boots that you don't mind getting a little wet and muddy. All ages. Children must be accompanied by an adult. \$10

WILD ANIMAL HUNT ON THE TRAILS OF BAUER PARK

Saturday, July 30

10:00 a.m. – 12:00 p.m.

Fierce wild animals lurk in every nook and cranny of Bauer Park! They are always watching you in the forest, fields and ponds. Using naturalist equipment we will search out critters and examine them close up before we release them back to their home. We will get down, dirty and wet! Like safari hunters. Adults and children please wear long pants and sturdy shoes with socks. All ages. Children must be accompanied by an adult. \$10

PLUS SUMMER CAMPS FOR AGES 3 - 14!

Registration and more information at www.madisonct.org/bauer/programs.htm or in the Madison Beach & Recreation office. Questions? Call 203-245-5623.

Learn about upcoming events at Bauer Park at: www.facebook.com/bauerparkmadisonct Educational programs can be arranged for school, scout and community groups at Bauer Park, Rockland Preserve and the town beaches. Contact the Beach & Recreation Office at 203-245-5623 for more information.



Explore the inner beauty of flowers at Bauer Park.

Beach Parking Passes

East Wharf, West Wharf and Surf Club

Seasonal Beach Parking Passes are now on sale for residents/taxpayers and will be required for Memorial Day weekend through Labor Day. Lines in the office are not as long if you get them early! Remember, car registrations are ALWAYS required. If you own a vehicle that isn't registered in Madison, you will also be

required to provide proof of tax liability to the Town of Madison.

Parking passes are available at the Recreation Office in Town Hall, 8 Campus Drive. Office hours are Monday – Friday 8:30 am – 4 pm. Veterans and people age 60 and over are eligible for discount rate.

Daily parking tags are available for non-residents and may be purchased at the Recreation Office or at the main gate of the Surf Club Beach, located off of West Wharf Road.

Visit our website for more information www.madisonct.org/recreation

Independence Day



Saturday July 2 - Wallingford Symphony Orchestra's Annual "Concert on the Green"

Sunday July 3 - Fireworks! (rain date July 8) visible from the beaches

Monday July 4 - Parade

More information will be posted online closer to the dates of the events.

www.madisonct.org

Facebook www.facebook.com/madisonct.org

Madison Arts Barn

Looking for exciting summer camp experiences for your middle and high school students? Look no further than the Madison Arts Barn. This summer, we are offering 9 weeks of camp including a Film and Animation Camp with Daniel Hand High School Art Teacher, Greg Gallo, two unique sessions of Show Choir camps with Mike Gilcrest and Andrew Graminski formerly of VIBE, DHHS' nationally ranked show choir, the ever-popular Girlfriends Get-a-way with Amber Schwarm, Manchester Middle School's favorite Guidance Counselor, and more.

All camps are open to kids entering into the 5th grade and up. Camp is from 8:30 a.m. to 3:00 p.m. Monday through Friday with the exception of the Girlfriends camp that will be only 4 days this year due to the 4th of July holiday. Our first camp is June 27th,

2016. Program sizes vary, but space is extremely limited in some of these weeks. Sign up early to avoid disappointment.

The Madison Arts Barn programming is run by the Friends of Madison Youth, which is a non-profit organization. Our mission is to bring the community together through music, arts and culture, as well as to empower young people by supporting them in the exploration of their interests and passions. During the school year the Arts Barn hosts several middle school dances, talent competitions, two theatrical productions, acting/audition workshops, as well as community events like our wonderful Daddy Daughter Dance and Family Halloween Party.

Please check out our website at Madisonartsbarn.org for camp registration details and discount opportunities.

Beat Parkinson's Today

East Shore Region Adult & Continuing Education is hosting classes by *Beat Parkinson's Today*, an exercise program designed specifically to improve Parkinson's symptoms. There are presently 12 classes per week in 4

locations in CT. Results have been astounding.

For more information or to register: call 860.463.3747, email at info@beatpdtoday.com, or visit our website at www.beatpdtoday.com.

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Scranton Memorial Library

As the weather gets warmer, be sure to keep an eye out for Summer Reading at Scranton Memorial Library! We will be hosting reading programs for all three age groups: Ready Set Read! for children entering 5th grade or under, Get in the Game: Read for teens entering 6th-12 grade, and Exercise Your Mind for adults! We will also have a number of sports, fitness, and game based programs available throughout the summer, with an event happening daily for teens and children. Please contact the library at (203) 245-7365 or info@scrantonlibrary.org for more information.

SCRANTON LIBRARY CHILDREN'S PROGRAMS

Astro Sports Karate & Boxing

June 22 – 10:00 – 12:00

Learn about the exciting world of Mixed Martial Arts with ASTRO Sports and Luis Felix, a MMA Champion from Rhode Island! This two hour lesson will feature: safe ways to fall, basic introduction to boxing and kicking, and alive Jiu Jitsu demonstration. This event is for children in grades 2 to 5. Registration is required. Register at www.scrantonlibrary.org

Sing & Laugh with Mr. Joe

July 6 at 10:00

Energetic, enthusiastic, and truly awesome! Mr. Joe communicates wonderfully with the children through his music. This program is

for children ages 2-6. Registration required.
Register at www.scrantonlibrary.org

Dancin' with Hoops

July 13 at 10:00

Musically fueled interactive Hoop Dancing Entertainment designed to inspire and ignite creative movement, dance, self expression, play and laughter. Custom hula hoops will be available for use and welcomes all ages to participate. Registration is required. Register at www.scrantonlibrary.org

Sciencetellers

Power & Energy July 20 at 10:00

Sciencetellers combine storytelling and exciting science experiments into an unprecedented theatrical learning experience. Registration is necessary. Register at www.scrantonlibrary.org.

Wildlife for the Win

July 27 at 10:00

After reading a short book on some amazing animal feats, our educator will award medals to certain species that set records in the state of CT. Who is the fastest? Strongest? Slimiest? This program is for children ages three through second grade. Registration is required. Register at www.scrantonlibrary.org.



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Magic by Scott Jameson

August 3 at 10:00

Join magician and juggler Scott Jameson for an extraordinary performance that will have you laughing out loud and perched on the very edge of your seat. Registration is required.

Register at www.scrantonlibrary.org

Animal Embassy Presents Athletes of the Animal Kingdom

August 5 at 2:00 p.m.

With this interactive, educational and entertaining program, families will encounter a diversity of creatures with amazing athletic skills. Registration is required. This program is for ages 4 and up. Register at www.scrantonlibrary.org

On Your Mark, Get Set, Read! Puppet Show

August 10 at 10:00

This show is a lively medley of fast-paced and funny folktales. This show is presented by Sparky's Puppets a Madison Family favorite for years. Registration is required. This program is suitable for ages 3 through 2nd grade. Register at www.scrantonlibrary.org

Check our on-line calendar at www.scrantonlibrary.org for additional activities for babies, preschoolers, and grade school children. Registration for all events begins June 13 at 9:00 a.m. You can register on line, by phone or in-person.

SCRANTON LIBRARY TEEN PROGRAMS

STARTED MON, MAY 9

S.T.E.A.M Labs

@ Scranton Memorial Library

Teens explore science and technology through exciting projects; this month we are making stop motion animation movies. STEAM Labs will also meet on June 13th. This event is free and open to all teens. Time: 3:30 pm. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

STARTED TUE, MAY 10

Teen Themes

@ Scranton Memorial Library

Read, watch, or listen to any media about a specific theme, then join us for an exciting discussion and movie! Teen Themes will also meet on June 7th. This event is free and open to all teens.

Time: 7 pm. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

MON, MAY 16

Book Bingo for Teens!

@ Scranton Memorial Library

Win free books by playing Bingo! This event is free and open to all teens. Time: 3:30 pm. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

Continued on page 14

Madison Town Hall D I R E C T O R Y 203-245-5600

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www.lymeacademy.edu

ARTWORK: Peggy Root, *Open Gate*, oil on linen

Library ... continued from page 13

TUE, MAY 17

Teen Art Studio

@Scranton Memorial Library

Teens learn new art styles and skills while creating their own masterpieces. Teen Art Studio will also meet on June 14th.

This event is free and open to all teens. Time: 7 pm. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

WED, MAY 18

College & Financial Planning

@Scranton Memorial Library

Learn about the numerous ways you can pay for your college degree. High School juniors, seniors, and their families are encouraged to attend. This event is free and open to all teens.

Time: 6:30 pm. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

FRI, MAY 20

Fandom Club

@Scranton Memorial Library

Celebrate geek culture by watching your favorite tv shows and movies, as well as making fan art and enjoying snacks.

This event is free and open to all teens. Time: 3:30 pm. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

MON, MAY 23

Teen Tech Support

@Madison Senior Center

In collaboration with the Madison Senior Center and Madison Youth and Family Services we offer tech support for senior citizens with a teen volunteer. Check the library calendar for additional dates. This event is to be held at the Madison Senior Center and is free. Time: 4 pm.

Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

TUE, MAY 24

Teen Advisory Group

@Scranton Memorial Library

Teens support the library by suggesting titles for the collection, planning programs, and more. A great way to earn volunteer hours and demonstrate leadership! Additional dates include May 24, June 28, and July 26. This event is free and open to all teens. Time: 7 pm. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

TUE, MAY 31

Junior e-Navigators

@Scranton Memorial Library.

Teens support the library by developing a mobile makerspace. Teens interested in technology are encouraged to attend. A great way to earn

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volunteer hours and demonstrate leadership! This event is free and open to all teens. Time: 7 pm. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

MON, June 20

Teen Tech Support

@Madison Senior Center

In collaboration with the Madison Senior Center and Madison Youth and Family Services we offer tech support for senior citizens with a teen volunteer. Teen Tech Support will meet weekly through August 8th. This event is to be held at the Madison Senior Center and is free. Time: 4 pm. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

WED, June 22

ASTRO Sports: Martial Arts Lesson

@Scranton Memorial Library

Join professional MMA Athlete, Luis Felix, and ASTRO Sports for an exciting 2hr lesson in martial arts and boxing. Please come prepared with exercise attire and water bottles. This event is free and open to all teens. Registration required. Time: 2 pm. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

Continued on page 16

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Library ... continued from page 15

TUE, June 28

Gaming Club

@Scranton Memorial Library

The library is launching its first ever Teen Gaming Club! Join us every Tuesday night through August 9th for an evening of gaming. From consoles to board games, we have it all! This event is free and open to all teens. Time: 7 pm. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

WED, June 29

Crafternoon

@Scranton Memorial Library

Join us for a weekly craft or science project this summer! Activities include zentangle, kitchen science, DIY bouncy balls and more. Crafternoon events happen every Wednesday through August 10th. This event is free and open to all teens. Time: 3:30 pm. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

TUE, July 5

Summer Book Chat: Teen Nutmegs

@Scranton Memorial Library

Discuss the exciting books chosen for the 2017 Teen Nutmeg Award! Snacks will be provided. This event is free and open to all teens. Time: 4 pm. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

SCRANTON LIBRARY ALL AGES PROGRAMS

SAT, June 18

Quidditch Summer Kick-Off

@Madison Town Green

Learn how to play our favorite wizarding sport! After the game, attendees can enjoy a picnic lunch and Harry Potter themed concert with Ashley Hamel! This event is free and open to the public. Time: 10 am. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

SAT, August 6

Mini-Golf at the Library

@Scranton Memorial Library

Play Mini-Golf afterhours at the library! This event is free and open to the public. Time: 2 pm. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

SAT, June 18

Field Day Summer Finale

@Madison Town Green. Celebrate the end of summer with an exciting field day! This event is free and open to the public. Time: 10 am. Contact Jessa Franco at francoj@scrantonlibrary.org for more information.

Mosquitoes and Zika Virus

Zika virus is most commonly spread to people through the bite of an infected Aedes species of mosquito. This mosquito species is not present in Connecticut and related species are not likely to spread the disease in Connecticut either. The Aedes species mosquito is found throughout the tropical regions of the world, including southeast portions of the United States. The disease can also

be transmitted sexually, by men that have become infected. Women who are planning to become pregnant should be very careful about travel to areas in which Zika virus transmission is active and be very careful with their male sexual partners that have traveled to these areas.

Zika virus is in the news recently because of the apparent link between infection in pregnant women and various severe birth defects. The illness in adults is usually mild and may often go unnoticed. There has been no local transmission of Zika virus in Connecticut yet, but there have been travel-associated cases in most states.

There are over 40 mosquito species native to Connecticut. The control of mosquitoes is up to everyone. Mosquitoes lay their eggs in water, and water that stands in any size container for more than a week is likely to grow mosquitoes. Flower pots, buckets, bird baths, tires and any other container that may hold water are perfect breeding grounds for mosquitoes, and should be routinely emptied of accumulated water. Repair screens to prevent mosquitoes from entering the house. Avoid mosquito bites outdoors by applying repellents, in accordance with the label instructions, and by wearing long-sleeve shirts and pants, if possible.

For more information, consult the Federal CDC's website at www.cdc.gov.

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Middlesex Hospital Joins Mayo Clinic Care Network

Middlesex Hospital is the first health care organization from Connecticut to join the Mayo Clinic Care Network. Through the network, Mayo and Middlesex physicians will collaborate so more patients can get answers to complex medical questions and gain additional peace of mind, all while staying close to home. Network members remain independent, but share a common philosophy, commitment and mission to improve the quality and delivery of health care.

As a member of Mayo Clinic Care Network, Middlesex will have access to the latest Mayo knowledge. Network tools and services include:

eConsults that enable Middlesex physicians to connect electronically with Mayo specialists when they want additional input on a patient's care.

AskMayoExpert that provides Middlesex physicians with point-of-care, Mayo-vetted information on disease management, care guidelines, treatment recommendations and reference materials for medical conditions.

eTumor Board Conferences that enable Middlesex physicians to present and discuss management of

complex cancer cases with a multidisciplinary panel of Mayo Clinic specialists and other network members.

Through network resources, Middlesex providers also will be able to consult with Mayo Clinic on operational and business processes such as patient engagement; quality, safety and accreditation; nursing leadership; and physician engagement. Providers also will have access to Mayo's extensive library of educational materials for use with their patients and grand rounds presentations that feature Mayo physicians and scientists.

Since its inception in 1904, Middlesex Hospital has continuously maintained the highest standards in medical care while focusing on delivering the very best patient experience possible. It does this through state-of-the-art medical technology and innovative approaches to care, along with a highly experienced staff that embraces the mission and culture of the organization.

Lasik Eye Treatment

A future without dependency on glasses or contact lenses can be yours. Imagine being able to enjoy all of life's activities such as hiking, skiing, swimming, biking, and many others without the burden of glasses or contacts. Consider daily activities such as looking at the alarm clock, showering, and picking out an outfit without the hassle of contacts or glasses.

If you have a busy lifestyle like most of us or are experiencing discomfort from wearing contacts or glasses, it is time to consider LASIK Laser Vision Correction.

A clear future can be yours with LASIK Laser Vision Correction. Most experienced refractive surgeons agree that LASIK is the preferred refractive procedure, allowing rapid healing with fewer incursions versus

other procedures. In just a few days your eyes heal and your vision clears. LASIK combines the precision of the Excimer Laser and the skill of an experienced corneal refractive surgeon.

Middlesex Eye Physicians' Dr. Peter Shriver specializes in corneal and refractive surgery with a focus in refractive laser surgeries. He participated in the original FDA trials for LASIK approval and has performed over 10,000 LASIK procedures. Dr. Shriver is a member of numerous professional organizations including the American Academy of Ophthalmology, International Society of Refractive Surgery, and the American Society of Cataract and Refractive Surgery.

Call today to schedule your free LASIK consultation. During this, your doctor will determine if you are a candidate for treatment. There are several factors ranging from how much correction is needed, the health of your eye, are you 18 years of age or older, and your past medical history that will affect your candidacy. Blurry vision is the result of the eye not being able to focus light on the retina. By reshaping the cornea with LASIK, you can achieve excellent visual results.

Middlesex Eye Physicians
860-347-7466
Middlesexeye.com

Household Hazardous Waste

HazWaste Central Madison residents and property owners may dispose of household hazardous waste from everyday products used in the home, garage and garden free of charge at the South Central Connecticut Regional Water Authority's HazWaste Central facility located at 90 Sargent Drive in New Haven.

The facility is open on Saturday mornings between 9:00 a.m. and noon from mid-May through the end of October.

Periodically, the Regional Water Authority will hold a satellite collection day in Madison at Hammonasset Beach State Park.

Information regarding the HazWaste Central program, eligible household hazardous waste for disposal, satellite collection day schedules, and contact information and directions can be found on the Regional Water Authority website.

Town Holidays

The Town of Madison offices are closed on the following holidays:

New Year's Day	Independence Day	Thanksgiving Day
Martin Luther King Day	Labor Day	Day after Thanksgiving
President's Day	Columbus Day	Christmas Day
Good Friday	Veteran's Day	Day after Christmas
Memorial Day		

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Vista "Lights It Up Blue" for Autism with Art



A group of talented artists at Vista Life Innovations, a community-based education program for individuals with disabilities, created a three-dimensional work of art in celebration of World Autism Awareness Day on April 2nd. The nautical-themed "Light It Up Blue" art piece was completed in less than two weeks with contributions

from nine artists in Vista's Connect Through Art program. A variety of media was used for the project, such as painted light bulbs and foam insulation. The rest of the piece is a combination of paint on canvas and pasted paper drawings.

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Artists who lent their talents to the piece are Vista members Chris Bailey, Alex Bond, Teddy Cross, Erin Doyle, Alex Drago, Rachel Goodman, Rachael Hoskin, Jason Jakubovic and Matt Sarti. The art work was used as an educational tool to raise awareness within the community in the days leading up to World Autism Awareness Day. Vista members Kathleen Cassella, Alex Drago and Tracy Siegelaub traveled to Westbrook High School and Walter C. Polson Middle School in Madison to share the art piece and explain its significance.

Adopted by the United Nations in 2007, World Autism Awareness Day shines a light on autism as a growing global health priority. It is annually highlighted by Autism Speaks'

International Light It Up Blue campaign in which people wear blue to honor those with autism. Iconic landmarks, skyscrapers, homes and businesses participate by illuminating their structures with blue lights. Connect Through Art is one of the many programs and services offered by Vista. This structured, experiential arts-based day program runs five days a week at Vista's downtown Madison art studio and event space located at 712 Boston Post Road.

Vista Life Innovations is a 501©3 nonprofit organization. Vista's mission is to provide services and resources to assist individuals with disabilities achieve personal success. For more information about Vista, please visit www.vistalifeinnovations.org.

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Beach & Recreation

Madison Beach and Recreation Department is now in full swing registering for Spring and Summer Programs. We have instructional offerings for people of all ages that include sports and exercise, art, educational, environmental, and more. Check out our summer camp experiences or join us on one of our many trips. There are many day trips, some extended trips and even a trip abroad. There are opportunities to head out on your own adventures as well. If you enjoy nature and the great outdoors, you might visit Bauer Park, the Surf Club, East Wharf, West Wharf, Salt Meadow Park or Rockland Preserve. Did you know you can hike and bike in Rockland Preserve in North Madison?

Singletracks of Rockland has over 13 miles of bike trails for beginners and the more advanced biker. Hiking trails at the Preserve take you by the old beaver dam, the historical charcoal sites, the wildflower loop, and you can enjoy birding and maybe find some cool amphibians too. Hop on The New England Trail and hike to Massachusetts or connect to the Guilford and Durham trails. There are even horse friendly trails at Rockland as well. Did you know that there is a one mile hiking loop at Bauer Park or a short loop trail at Salt Meadow and at the Surf Club? If you want to have a picnic you can find picnic tables at most of our parks, dip your toes in the sand at the beach or use some of the other recreational areas offered at the Surf Club that include bocce courts, horseshoe pits, cornhusk, gaga ball, sand volleyball and more. Visit our website for directions www.madisonct.org/recreation



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VISTA Artist Featured in International Exhibit

Vista Life Innovations member Cara Sprouls is one of nine artists whose work was featured in the “Unspoken Words: Works by Autistic Artists” exhibit in Bethlehem, New Hampshire.

A collaboration between 42 Maple Contemporary Art Center and Autism Speaks, “Unspoken Words” opened April 1 and aimed to celebrate the talents of individuals with Autism Spectrum Disorder. The inaugural exhibit, which coincides with National Autism Awareness Month, includes works by artists of all ages from the United States and Canada.

Vista Arts Specialist Samantha Listorti, who works with Cara in Vista’s Connect Through Art program, submitted three of Cara’s original drawings for consideration after she received an email from Autism Speaks calling for art.

“Cara’s artwork displays a strong sense of color and design,” Samantha said. “Her artwork really speaks to me. I find it to be very charming.”

All three of Cara’s drawings were accepted into the exhibit, a fact that makes her “proud” and “happy.”

A Clinton resident, Cara said she has been drawing since childhood. Now, at 30, it’s one of her favorite activities. Her talent was recognized at an early age by an elementary school art teacher who informed her parents that she could be a professional colorist.

Cara has been a member of the Vista program for 10 years. Outside of her artwork, she stays busy as an employee of Ventures Business Services, where she works as a fulfillment crew member stocking medical drawers for local



hospitals. She will celebrate her three-year employment anniversary with Ventures this month.

With campuses in Madison, Westbrook and Guilford, Vista Life Innovations is a nationally accredited community-based education program for individuals with disabilities. For more information, visit www.vistalifeinnovations.org.

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Hydrangea Blues

This spring Mother Nature has not cooperated with our expectations. We began early in March with temperatures hitting the 70's, encouraging spring growth and hopes for an early spring, only to be disappointed by a rude return to winter in April. Late cold temperatures, ice forming on woody plants and snow weighing down our daffodils makes us wonder what effect this will all have on our summer gardens. Farmers are concerned about their fruit crops as they should be because as fruit trees are swelling with flowering buds a late freeze can literally nip the blossoms in the bud. Without flower blossoms a fruit tree cannot set fruit. This also poses another setback for the already struggling pollinators who depend on the flower blossoms of fruit trees.

And what about the hydrangeas! This could mean another year of sparse blooms for the classic bigleaf mophead

(macrophylla) and lacecap (serrata) hydrangeas that are so predominant in our summer gardens. Older varieties of bigleaf hydrangeas and lacecaps grow flower buds on old wood. They begin setting buds soon after the last flowers fade in late summer. This means a late freeze in the spring could kill the flowers buds which are already formed in the stem resulting in few or no flowers for the upcoming summer. A common mistake people make which has the same effect is cutting back these hydrangeas in the spring. One of the most frequently asked questions I get is, "why doesn't my hydrangea bloom?" My first question in response is "what kind of hydrangea do you have?" And then, "when did you prune it?" If they do not know what kind I ask if the flowers are blue or pink mophead flowers. Soil ph determines the flower color - acidic soil produces blue flowers, alkaline produces pink

flowers. Blue flowers are more common in our area as the soil tends to be more acidic. Chances are if the answer is yes to mophead flowers they have pruned it at the wrong time and by doing so have cut off the flowers. In recent years growers have introduced many new varieties of macrophylla (such as endless summer) that bloom on new wood. This is great news because these plants do not risk having their flower buds killed by cold or the hands of a pruner. The key is to know your plants, know if your plant blooms on old or new wood and this will guide you in determining when to prune. As for Mother Nature, the key is to appreciate and accept what she has to offer, for better or worse. It may be a disappointing hydrangea year but there is far more to be thankful for.

Melissa Blundon – CANP, AOLCP
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Richard and Ellen Klinck enjoy tai chi and many other activities at The Saybrook at Haddam.



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www.TheSaybrookAtHaddam.com

Madison Art Society

The Madison Art Society hosts their 41st Annual Juried Show, May 2 - 27. All Connecticut artists over the age of 18 were eligible to submit work to the exhibit. Artwork on display was selected by juror, James Magner, a well-known and respected plein air painter from Connecticut and Chatham, MA.

The generous donations from local businesses and from the society itself provided \$3000 worth of awards as prizes to the winning artists. In conjunction with the show several special events are planned. The opening reception was held May 12. On Sunday May 15 at 1:30 p.m. local artist Bill Colrus will present an acrylic painting demonstration. On May 26 at 6:30 p.m. The Guilford Poets Guild will offer a poetry reading of poems inspired by selected works from the exhibit. All events are free and open to the public.

July 22-23 Madison Art Society members will be showing and selling art as part of the Scranton Memorial Library Appreciation Sale.

The Madison Art Society has 250 members and is dedicated to promoting the arts along the shoreline. Proud to be part of the traditions of the community, the society offers educational events throughout the year, sponsors a



Winters Glow pastel by Judy Perry

scholarship for a graduating high school senior and donates a portion of all sales from its members and juried shows to the library. To date donations have exceeded \$16,000.



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A Plan for Younger Eyes

On your best day, your eyes are the window to your soul. On your worst, they are the window to your age. The delicate eye skin is the first to wrinkle and the first thing that people notice about you. So how can you keep your eyes looking as young as you can for as long as you can?

Eye cream is an absolute necessity. Eye creams that contain peptides or growth factors will boost collagen production, helping fade lines and thicken the skin. Formulations with caffeine will help reduce puffiness. If some is good, a lot is not necessarily better. Eye creams contain high concentrations of rich moisturizers, so if you slather them on, all the extra emollients plump the skin and can actually make puffiness worse. Use a pea-size drop for each eye, and lightly pat it on with your ring finger, which has the gentlest touch.

Don't forget the SPF! Many of us skip sunscreen around the eyes because it can get into our eyes and cause stinging. Usually if you apply sunscreen thirty minutes before leaving your house, this is not an issue. And don't forget sunglasses which add another layer of protection against UV damage.

Don't rub or scrub! You should wash your face the same as you would wash a new baby's face - gently! Find a cleanser that removes eye make-up.

When's the last time you got your eyes checked? Squinting at a computer screen is one of the fastest ways to develop wrinkles around your eyes. So while you may benefit from Botox, you may benefit from a good eye exam as well.

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Rosé

There is nothing quite as refreshing as a nice summer rosé. Rosés are wines that are basically “pink” in color, which is attributed to the grape varieties used, and how long the skins stay in contact during the wine making process.

The biggest misconception about rosé is that they are sweet, due to the previous popularity of White Zinfandel, which is made sweet by cutting the fermentation process early. This results in higher residual sugar and lower alcohol.

Rosés are typically a blend of more than one red varietal, and occasionally a few white varietals. The flavor is very pleasant and refreshing, with accents of fresh berries such as strawberry, raspberry and cassis. Rosés are a delicious alternative to white or red wine for summer. They are great for picnics and barbecues which normally provide a vast selection of foods including chicken, beef and seafood.

Rosés are produced all over the world, so each country's unique blend of grapes varies. France is the most popular country for rosé production, with Provence being the

dominant region. Provence produces very light and refreshing rosé that can be drunk on their own or paired perfectly with seafood. Côtes du Rhône also produces a bit fruitier, full-bodied wine, which consists of the classic Rhône varieties; Grenache, Syrah and Cinsault. Spain also produces fantastic rosés that are on the heavier side consisting of Tempranillo, these are referred to as Rosado. California also does a beautiful job producing Pinot Noir rosé, which are soft yet very flavorful and refreshing. In South Africa it is typical to blend a bit of Viognier into the rosé, giving a pleasant floral quality to the wine.

Whether you typically drink white or red wine, you cannot go wrong with a rosé. During the hot summer months when all you want to do is cool down, try a great bottle of rosé. They are guaranteed to please the palate as well as any guest you may have. Enjoy your spring and these mouth-watering wines!

Art LiPuma
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